

THE CAER BIG DIG 2020

CUPBOARD ARCHAEOLOGY:

INSTRUCTIONS



Introduction

If you can't dig outside for whatever reason then we would like you to take a journey of exploration into your home.

We would love to hear about the heritage of Caerau and Ely through the items that you have in the community. Every item tells a story and helps us to piece together the modern history of the area.

Do you have an object in your house that has a story to tell?

What is Cupboard Archaeology?

Archaeology might be thought of as 'anything made or used by people that is buried' ... so what's buried under your bed, or in your cupboards and drawers? We want you to think about the story behind these objects, what are they for? What memories do they bring back, how did they come into your family?

The objects could be:

- Things that have been kept in drawers for years
- Old vinyl records
- Old photographs
- Old tools or trinkets
- The oldest piece of clothing that you have in your wardrobe/linen cabinet etc
- Things stored under a bed and forgotten about!

Here are some examples from The Museum of Cardiff's collection, each has a unique story to tell.



Helmet used in the Second World War



A red and white Welsh Rugby Union national team shirt from the 2009/2010 season



Tricycle from the 1980s



A souvenir mug to commemorate the 'Ashes series 2009', that was held in Cardiff.



Roller skates used at the Embassy Skating Rink, c.1950s



Sega Mega Drive games console. Released in the UK in 1990.

What we would like you to do

Step 1: Starting off

Young people! First ask permission before making your search - find out where you are allowed to look - don't forget to help tidy up after making your search!

Step 2: Find a thing or selection of things!

Next thing to do is choose one thing, or a collection of things, that you think are interesting or you want to know more about. It might be something really old or just something that's very unusual. See the worksheet at the end of the pack for more info.

Step 3: Talk to your family

Talk to other members of your family or household to find out the 'back story' of how they came to be in your possession and what memories are attached to them?

Step 4: Recording the objects and telling their stories

Photograph the object or sketch it on a piece of paper. Then, accompany your photo/sketch with a short description of your find telling us:

- Where you found your object or objects
- Why you chose this object or objects?
- How old is it? What is it made of? How was it made? Where does it come from (just say 'don't know' if any of these things are a mystery)?

Tell us about any memories that your find brings to mind for you, or any other member of your family, what it means to you or what you have found out about it by talking to others, we just want a few words that tell the story about your find!

Send your photos and memories to us by:

Email: hiddenhillfort@aceplace.org

Social media: CAER's Instagram, Twitter, or Facebook - hashtag #caerbigdig

Hand/post: Our Place: Dusty Forge, 460 Cowbridge Road West, Ely, Cardiff, CF5 5BZ

We look forward to seeing your discoveries!

For more great ideas about exploring our history and heritage through objects visit www.cardiffmuseum.com/learning-2/my-museum

The Cupboard Museum

We are aiming to feature a selection of your objects and stories in a digital exhibition and also, in real life in a special display at the new CAER Community Heritage Centre on Church Road, Caerau (due to be opened in early 2021). Please let us know if you are willing to lend/donate an object for display, or if you would like us to display your object as a photo alongside its story by emailing us at hiddenhillfort@aceplace.org